

# TRAVELING IN MOROCCO WHAT TO BRING



In preparation for your Moroccan adventure, the following is a list of things to consider packing that will make your trip as smooth and comfortable as possible.

## **Pre-departure Essentials**

- ▶ Personal Identification (drivers license)
- ▶ Passport and visa if required
- ▶ Airline Tickets
- ▶ Credit Cards
- ▶ Travel Insurance
- ▶ Health Documentation
- ▶ Emergency Information
- ▶ Guide books & maps
- ▶ Photocopies of Documentation: (passport and tickets). You can also scan these, upload them to the internet and email them to yourself. Internet access is widely available in all major cities and most small ones in Morocco).

## **Medicines**

While no shots are required to enter Morocco, it is recommended that you come prepared with a personal medical kit, as you do not to spend time looking for a pharmacy and risk that they do not carry what you need. Morocco does have French pharmaceutical shops widely available throughout the country in all major cities and many villages therefore if basic things such as cold medicine, Imodium, allergy creams or over the counter medicine is needed you can visit one of them. Depending on your health condition, you may want to consult with your doctor before your trip. The climate in Morocco is diverse and different from what travelers are used to, so come prepared with the following:

- ▶ Antibiotic for traveler's diarrhoea
- ▶ Antibiotic cream & disinfectant for scrapes and cuts
- ▶ Band-Aids
- ▶ Disposable antibacterial wipes or cleanser
- ▶ Pepto-Bismol or Imodium for traveller's diarrhoea.
- ▶ Insect repellent with DEET 30%
- ▶ Re-hydration tablets
- ▶ Aspirin, Tylenol or other Pain relievers
- ▶ Skin Lotion (especially for Eczema)
- ▶ Salt tablets
- ▶ Sunscreen (SPF 30)
- ▶ Motion sickness medicine
- ▶ Cold medicine: Decongestant, antihistamine, cough syrup
- ▶ Aspirin, Tylenol or other Pain relievers

- ▶ Skin Lotion (especially for Eczema)-Sunglasses (or prescription glasses/ contact lenses, and solution)-Hydrocortisone cream

## **Toiletries**

- ▶ Feminine hygiene products (tampons, etc.)
- ▶ Hairbrush
- ▶ Shampoo, Conditioner
- ▶ Soap
- ▶ Shaving Cream, razor
- ▶ Toilet paper/ Mini-Tissues (12 pack)
- ▶ Tooth brush, tooth paste

## **Travel Clothing**

- ▶ Conservative clothing is worn throughout Morocco (clothes should not be tight or too revealing)
- ▶ Bathing suit (for beach resorts, hotel)
- ▶ Brimmed Hat, Visor, Hat, headscarf
- ▶ Long skirts, dresses or pants (for women)
- ▶ For summer: light weigh clothing
- ▶ Windbreaker or warm sweater for cooler months and desert cool air.
- ▶ Travel Footwear: broken in sneakers or hiking shoes, sandals, socks.

## **Electronics**

- ▶ Camera & Film (Kodak and Fuji is easy to find in Morocco but expensive)
- ▶ Video Camera & Tapes
- ▶ Extra Camera Batteries
- ▶ International Electrical plug adapter and or converter
- ▶ Travel Alarm
- ▶ Flashlight / extra bulbs